

Curriculum Vitae - Dr Agnieszka Klimowicz, MD, PhD

NHS work: Specialist Perinatal Mental Health Service
North London Partners, BEH MH NHS Trust

GMC registration Full, Specialist Registration, No: 6042662

Medico-legal practice: 10 Harley Street
London
W1G 9PF

Secretary: Monika Murret-Labarthe
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Education and Professional Qualifications

- 2014 European Association for Psychotherapy, Certificate in Psychotherapy (recognition of formerly gained qualifications)
- 2005 Approved under Section 12(2) of the Mental Health Act 1983
- 2004 Specialist Psychiatrist, Poland (equivalent of CCT)
- 2003 Certificate in Psychotherapy, the Polish Psychiatric Association, Poland (recognized by the European Association for Psychotherapy)
- 2002 PhD, Jagiellonian University, Krakow, Poland
Title of the dissertation: 'Symptom Changes Versus Personality Changes After Psychotherapy in Patients with Anxiety and Somatization Disorders'
- 1999 1st Degree Specialization in Psychiatry, Poland
- 1996 MD, the Medical Faculty of the Jagiellonian University in Krakow, Poland

Memberships of Professional Bodies

- Specialist Associate of the Royal College of Psychiatrists, Member of Perinatal Psychiatry Faculty, Liaison Psychiatry Faculty, Children and Adolescent Faculty, Occupational Psychiatry SIG, and Medical Psychotherapy Faculty.
- Member of the Polish Psychiatric Association (since 1998) and the Scientific Section of Psychotherapy of The Polish Psychiatric Association (since 1998)
- European Association for Psychotherapy
- EMDR Association UK

Professional experience

2005 - ongoing	Private practice in General Adult Psychiatry
2017 - ongoing	Consultant in Perinatal Psychiatry, NHS, North London Partners
2016 - 2017	Perinatal Mental Health Clinical Lead with South East Clinical Networks Mental Health and Dementia, NHS England

2010 - 2017	<p>1) Consultant in Perinatal Psychiatry, Mother and Infant Mental Health Service, KMPT (NHS).</p> <p>2) Other roles within the employment: Visiting Senior Lecturer at Canterbury Christ Church University (2017) Honorary Clinical Senior Lecturer, King's College London (2017) KMPT Medical education – Locality Tutor (Dartford) 2017 KMPT Principal Investigator - ESMI MBU study Member of London and South Perinatal Consultants' Association Named Doctor for Child Protection for KMPT Specialist Services (2012-2013) Module Leader for 'Behavioural Science and Psychotherapy' module of MRCPsych Course; Brighton and Sussex Medical School (2012-2014) Seconded Medical Consultant Psychotherapist at Personality Disorders Service (2015)</p>
2009 - 2010	Consultant Psychiatrist (Locum), Newham Home Treatment Team; ELF NHS Trust
2009	Consultant in Perinatal Psychiatry (Locum), Newham Perinatal Mental Health Team; ELF NHS Trust
2005 - 2009	Consultant Psychiatrist (Locum); BEH Mental Health Trust
2004 - 2006	Staff Grade Doctor (Locum); BEH Mental Health Trust

1997- 2004	<p>Psychiatry and psychotherapy training (Dept for the Treatment of Personality Disorders in the Babinski Memorial Hospital in Krakow, Poland; the Day Ward of the Clinic for the Treatment of Neurotic and Behavioural Disorders at the Jagiellonian University Hospital, Krakow, Poland)</p> <p>2001-2002: Psychiatrist at the Psycho-Neurological Clinic for Children and Adolescents in Krakow, Poland</p>
1996 - 1997	Postgraduate general medical training in Rydygier Memorial Multi-Specialist Hospital, Krakow, Poland

Medico-legal experience:

I have been providing psychiatric reports for the courts since 2005. This has been for civil, family and criminal matters. I contribute to child protection meetings.

My expertise is in adult mental health, including women's mental health, perinatal (antenatal and postnatal) mental health, psychological sequelae of obstetric complications; parental mental health problems, including depression, anxiety disorders, personality disorders, post-traumatic stress disorder, birth trauma, obsessive compulsive disorder, schizophrenia, bipolar affective

disorder, schizoaffective disorder; psychological problems in the context and/or resulting from abuse including domestic violence;

I have completed medico-legal trainings: 'Writing for Court – Ensuring Quality and Effectiveness' in 2009, a refresher course in 2016, and Advanced Medico-Legal course (with Specialist Info) in September 2020.

I am aware of the requirements of Part 35 and Practice Direction 35, the Protocol for the Instruction of Experts to Give Evidence in Civil Claims and the practice direction on pre-action conduct.

I am familiar with The Family Procedure Rules 2010 and Practice Direction 25A, and completed Bond Solon FPR for Expert Witnesses Certificate.

I have completed two days of Medical Mediation training with Specialist Info in December 2020.

Research, Publications and Presentations:

1. Bierzynski, A. Klimowicz, A. Cieslik: Undergraduate teaching of psychotherapy;
In: The Application of Psychotherapy – the Diary of the VIII State Symposium of the Scientific Section of Psychotherapy of the Polish Psychiatric Association. Bialystok 1998
2. Sikora G., Klimowicz A.: Mental state of chronic renal failure patients treated with repeated dialysis. In: Europe, the XXI Century: Psychotherapy hand-in-hand with pharmacotherapy. The 2nd European Conference on Psychotherapy. The book of abstracts. AEP Barcelona 1999
3. Sikora G., Klimowicz A.: Sexual dysfunction in chronic renal failure patients treated with repeated dialysis. In: The 2nd International Conference on the Synthesis between Psychopharmacotherapy and Psychotherapy. Abstracts. University of Geneva -Tel Aviv University-EPA-WPA. Geneva, 1999.
4. Sikora G., Klimowicz A.: Depressive disorders and anxiety disorders in patients dialysed due to chronic renal insufficiency. In: European Psychiatry: Growing Together in Diversity - 10th Congress of the Association of European Psychiatrists; European Psychiatry; October 2000, Vol.15- Suppl., p.442s.
5. Klimowicz A.: The comparison of the personality of anxiety disorder patients and somatisation disorder patients before and after psychotherapy; *Psychiatria Polska* 2003, 2: 225-234.
6. Klimowicz A.: Seeking the specific connections between personality changes and symptom changes in somatisation disorders and anxiety disorders – a comparative study; *Psychiatria Polska* 2003, 2: 235-246.
7. Klimowicz-Sikora A., Sikora G., Puk B.: Eating disorder as a symptom – the psychoanalytic perspective; Lecture on the 2nd Krakow Conference on Eating Disorders – 'Around the treatment of Anorexia and Bulimia Nervosa – Approaches, Methods, Techniques', 7th May 2004.
8. Klimowicz-Sikora A.: 'About psychoanalytical treatment for the patients with personality disorders', the XLI Scientific Symposium of the Polish Psychiatrists, the Polish Psychiatric Association; *Psychiatria Polska* suppl. 2004, 3:119.

9. Klimowicz-Sikora A: Parent-infant psychotherapy; chapter in: 'The Concept of Attachment - From Theory to Practice', Eds: B.Józefik and G.Iniewicz, WUJ Krakow 2008.
10. Klimowicz-Sikora A.: Organization of Perinatal Mental Health Services in Great Britain – Invited Lecture, Dept of Psychiatry, Krakow, Poland, February 2012.
11. Klimowicz A., Miele M.: Ethical and legal issues in the management of mental illness in pregnancy and after delivery – presentation at XXXIVth International Congress of Law and Mental Health, Vienna, July 2015.
12. Participant of the Expert Panel of the DMM Integrative Treatment Forum; The 4th International Conference of IASA: 'Attachment and Treatment'; Miami, Florida, November 2015.
13. Klimowicz A., Yousif M – 'Assessment of Complex Cases'- presentation as a part of one day seminar: "The Mother in Mind", Improving services for mothers with complex mental health problems; International Association for Forensic Psychotherapy, Oxford; December 2015.
14. Klimowicz A., Best E: 'Severe perinatal mental health difficulties' in: 'Postnatal Depression and Maternal Mental Health - a handbook for front-line caregivers working with women with perinatal mental health difficulties' Ed by S. Gellhorn; Pavilion 2016.
15. Keynote Lecture: 'Psychotic and non-psychotic perinatal mental health problems' at the conference 'Perinatal Mental Health' organised by South Bank University; London, September 2016.
16. Lecture: 'Aggression and the childbirth – DMM approach' - at the Conference: 'Nature and Culture – Psychotherapy and Aggression in the Modern World', organised by Three Sections of Psychotherapy within the Polish Psychological Association and the Polish Psychiatric Association; Warsaw, Poland, October 2016.
17. Klimowicz A.: Aggression and the childbirth – planning intervention using Dynamic Maturational Model of Attachment and Adaptation (DMM) – in "Psychotherapists' Perspective on Aggression' Ed by B. Piasecka, WUJ, Krakow 2017.

Agnieszka Klimowicz

December 2020