

Miss Stephanie K West BM FRCOphth MBA

Consultant Ophthalmologist

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Consultant Ophthalmologist with a specialist practice in adult and paediatric strabismus, ocular motility disorders, diplopia, paediatric ophthalmology and cataract surgery. Appointed Consultant at Southampton General Hospital in 2013, she leads a tertiary referral practice for complex cases and second opinions, alongside senior educational and leadership roles within ophthalmology training and service delivery. She also provides independent civil medicolegal opinion within her field of expertise.

Medicolegal Practice

Independent civil medicolegal opinion in ophthalmology for claimant and defendant solicitors, insurers and medicolegal agencies, with particular expertise in strabismus, ocular motility disorders, diplopia, paediatric ophthalmology, retinopathy of prematurity and complex visual presentations. Reports include condition and prognosis, personal injury, breach of duty and causation opinions within scope of practice.

Medicolegal Training

- Excellence in Medico-Legal Report Writing — BMA/Bond Solon, online (2023)
- Medico-Legal Expert Courtroom Skills — BMA/Bond Solon, BMA House, London (2024)
- Civil Law and Procedure (England & Wales) — Bond Solon, virtual course (2025)
- Cross-Examination for Expert Witnesses — Bond Solon, virtual course (2026)

Education & Qualifications

- MBA with Distinction, Warwick Business School (2014)
- CCT (2012)
- FRCOphth (2011)
- Bachelor of Medicine, University of Southampton (2001)

Prizes, Grants & Awards

- J D Morin Prize for Best Fellow (2012)
- Moorfields League of Friends Grant (2013)
- Innovation and Wealth Creation Accelerator Fund Grant (2014)
- Wessex Shine Award finalist for Education and Training Innovation and Improvement (2016)

Selected Publications

- Teoh LJ, Solebo AL, Rahi JS; British Childhood Visual Impairment and Blindness Study Interest Group. Temporal trends in the epidemiology of childhood severe visual impairment and blindness in the UK. *Br J Ophthalmol*. 2023;107(5):717-724.
- Osborne D, Richardson-May J, Bush K, Evans M, West SK, May K, Self J. Four cases of acute comitant esotropia associated with diffuse intrinsic pontine glioma in children. *Strabismus*. 2023;31(1):26-30.
- Williams C, Pease A, Warnes P, Harrison S, Pilon F, Hyvarinen L, West S, Self J, Ferris J; CVI Prevalence Study Group. Cerebral visual impairment-related vision problems in primary school children: a cross-sectional survey. *Dev Med Child Neurol*. 2021;63(6):683-689.
- Adams GG, Bunce C, Xing W, Butler L, Long V, Reddy A, Dahlmann-Noor AH; UK Retinopathy of Prematurity Special Interest Group. Retinopathy of prematurity in the United Kingdom: retreatment rates, visual and structural 1-year outcomes. *Eye (Lond)*. 2018;32(11):1752-1759.
- West SK, Hindocha M, Hogg C, Holder GE, Moore AT, Reddy MA. Electroretinogram assessment of children with sensorineural hearing loss: implications for screening. *J AAPOS*. 2015;19(5):450-454.

- West SK, Griffiths B, Shariff Y, Stephens D, Mireskandari K. Utilization of outpatient sedation in paediatric ophthalmology: safety and effectiveness of chloral hydrate in 1509 sedation episodes. *Br J Ophthalmol*. 2013.

Selected Invited Talks

- Royal College of Ophthalmologists Congress, Ophthalmic Trainee Group: medicolegal issues in consent (2026)
- UKISCRS: binocular vision problems in adult cataract and refractive surgery (2025)
- BiPOSA medicolegal webinar (2024)
- WSPOS, Kuala Lumpur: age-related esotropia (2024)
- RSM: diplopia after cataract surgery (2023)
- Royal College of Ophthalmologists Congress: strabismus in adults - is it any different? (2023)

Surgical Experience

- Phacoemulsification: >2,000 cases, including high refractive errors, pupil expanders, capsular tension rings, and dense or morgagnian cataracts.
- Strabismus surgery: >1,000 cases, including transposition procedures, re-do surgery and adjustable sutures.
- Retinopathy of prematurity: extensive screening and treatment experience, including alternate-week screening with cross-cover for colleagues in the neonatal unit at Princess Anne Hospital Southampton, a level 3 tertiary centre and regional ROP treatment centre; >60 treatments including laser and anti-VEGF injections.

Employment

Current Post

December 2013 onwards: Consultant Ophthalmologist with specialist interests in paediatric ophthalmology and strabismus, Southampton General Hospital.

Previous Posts

- July 2013 to November 2013: Locum Consultant Ophthalmologist, Southampton General Hospital.
- July 2012 to June 2013: Fellow in Paediatric Ophthalmology and Strabismus, Moorfields Eye Hospital, London.
- July 2011 to June 2012: Fellow in Paediatric Ophthalmology and Strabismus, The Hospital for Sick Children (SickKids), Toronto.
- August 2007 to July 2011: Severn Deanery Ophthalmology Specialist Training Rotation.

Professional Responsibilities

- Training Programme Director for Ophthalmology, Wessex Deanery (2023 onwards)
- Examiner for the FRCOphth, Royal College of Ophthalmologists (2023 onwards)
- College Tutor (2019-2020)
- Clinical Director for Ophthalmology Care Group (2017-2018)
- Deputy Clinical Director for Ophthalmology Care Group (2015-2017)
- Lead for the CESR training programme (2014-2017)