

## CURRICULUM VITAE

**ANDREW BALLARO M.D, FRCS (Urol.)**

### PROFESSIONAL AND CONTACT DETAILS

Name: Andrew Peter Carmelo BALLARO

Date of Birth: 27th March 1968

Nationality: British

G.M.C No.: 4027768 (Specialist Registration for Urology)

Status: Married, three children.

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### UNDERGRADUATE EDUCATION

1973-79	St Nicholas C of E Primary school, Harpenden, Herts.
1979-86	St. Albans School, Abbey Gateway, St. Albans, Herts.
1987-93	Royal Free Hospital School of Medicine and UCL University of London.

### ACADEMIC QUALIFICATIONS

June 1990	B.Sc.(Hons.) Anatomy and Basic Medical Sciences
July 1993	MBBS. University of London
Nov 1997	FRCS (Eng.)
July 2000	M.Sc. Urology (Distinction in all sections).
Dec 2005	M.D in Urology and Clinical Science. University of London.
Nov 2006	Intercollegiate FRCS (Urol.)

## AWARDS AND PRIZES

BUF/Yamanouchi Scholarship (2000).

Hunterian Professor, Royal College of Surgeons (2004).

## CLINICAL EXPERIENCE

July 2010-Present: Consultant Urological Surgeon. Barking Havering and Redbridge NHS trust.  
General Urology and Endourology.

October 2008-July 2010: Consultant Urological Surgeon (locum) Royal Free Hospital.

Sept 2002-July 2008: North Thames Higher surgical training scheme in urology

National Training No. NTN:LDN/027/006/N

Certificate of completion of Specialist Training (CCST): Awarded 4 th March 2008

## RESEARCH POST

October 1999- Sept 2002: Research Fellow. Clinical Trials Unit

Institute of Urology and Nephrology. University College London.

Supervisor Prof MD Craggs.

## PERI FELLOWSHIP TRAINING

April –Oct. 1999: Locum Appointment for Training. Specialist Registrar in Urology

Barts and The London Hospitals NHS Trust.

Nov. 1998-Mar. 1999 Senior S.H.O in Urology. Institute of Urology. Mr J. Shah, Mr P. Worth.

Mar. 1998-Oct 1998 Senior S.H.O in Urology. Institute of Urology. Prof. A.R. Mundy.

Aug. 1997-Feb. 1998 Senior House Officer in general and vascular surgery. Chase Farm Hospital, Enfield. Mr. R.G. Gardham, Mr. N. Law.

Feb.-Aug.1997 Senior House Officer in Urology. Chase Farm Hospital, Enfield. Mr. P. Copland, Mr. L. Kahn.

#### OXFORD RADCLIFFE SURGICAL TRAINING SCHEME

Aug.1996-Feb.1997: Senior House Officer in General and Vascular surgery. John Radcliffe Hospital, Oxford. Professor P.J. Morris, Mr. J. Collin.

Feb. 1996. - Aug. 1996: Senior House Officer in Neurological surgery. Radcliffe Infirmary, Oxford. Mr. C.T.B. Adams.

Aug.1995- Feb.1996: Senior House Officer in Orthopaedics and Traumatology. John Radcliffe Hospital, Oxford and Nuffield Orthopaedic Centre, Oxford. Mr. C. Bullstrode, Mr. M.K. Benson.

Feb. - Aug. 1995: Senior House Officer in Accident and Emergency medicine. High Wycombe General Hospital, High Wycombe. Mr. D. Small, Mr. D. Potts.

Aug. 1994 - Feb. 1995: Senior House Officer in Orthopaedic surgery and Traumatology. Chase Farm Hospital, Enfield, Middlesex. Mr. P. Moynagh, Mr. D. Grace.

#### PRE-REGISTRATION HOUSE OFFICER

Feb. - Aug. 1994: House officer in General and Orthopaedic surgery. Hemel Hempstead and St. Albans City Hospital. Mr. G. Sagor, Mr. D. Hirschowitz

Aug. 1993- Feb. 1994: House officer in H.I.V medicine, and Heamatology. Royal Free Hospital, London.

#### MEDICOLEGAL EXPERIENCE

November 2025: BMA/Bond Salon Excellence in medicolegal report writing.

Nov 2024-Present: TMLEP Expert Witness: 18 reports written to date

Independent medicolegal reports: 3 all rated excellent by commissioning solicitors.

## COMPETITIVE RESEARCH GRANTS WON

2000 BUF/Yamanouchi Scholarship: For 'Investigations into a new technique for recording the real detrusor electromyogram.'

University College London Hospitals Special Trustees Grant: For 'Development of a new technique for recording extracellular electrical activity from guinea-pig detrusor strips'.

Research into Ageing Fellowship: For 'Characterisation of the human detrusor compound action potential in health and disease'.

## PAPER PUBLICATIONS

1. Ballaro A, Fox AD, Collin J. Rupture of popliteal pseudo-aneurysm secondary to fibular osteochondroma (Case report).

Eur. J. Vasc. Endovasc. Surg. 14: 151-152, 1997.

2. Ballaro A, Murray D, Gibbons M, Benson MK. Acute colonic pseudo-obstruction after total hip replacement (Original article).

J. Bone Joint Surg. 79B, 621-623, 1997.

3. Ballaro A, Cortina-Borja M, Collin J. Seasonal variation in the incidence of ruptured abdominal aortic aneurysms (Original article).

Eur. J. Vasc. Endovasc. Surg. 15(5): 429-431, 1998.

4. Ballaro A, Pryor C, Ralph D. The implantation of inflatable penile prosthesis within a radial free flap phalloplasty in exstrophy patients (brief report).

Int J Impotence Res. 11, 341-342, 1999.

5. Ballaro A, Montes F, Briggs T, McDonald D, Emberton M, Mundy AR. An interactive computer aided T.U.R.P simulator (original article).

J Urol. 162(5):1633-1635, 1999.

6. Ballaro A, Oliver S, Emberton M. Do we do what they say we do?: Coding errors in Urology (original article). *Br J Urol.* 85, 1-4, 1999.
7. Ballaro A. Comment on 'Recording the evoked canine detrusor electromyogram' (Letter). *Neurourol Urodynam* 19, 713, 2000.
8. Ballaro A, Webster JJ, Ralph D. Penile resurfacing for extensive penile warts (brief report) *Int J Impotence Res.* 13, 47-48, 2001.
9. Ballaro A, Mundy AR, Fry CH, Craggs MD. A new approach to recording electromyographic activity from detrusor smooth muscle (original article). *J Urol* 166: 1957-61, 2001.
10. Ballaro A, Mundy AR, Fry CH, Craggs MD. Bladder electrical activity: The elusive electromyogram (review). *BJUInt.* 92, 78-84, 2003.
11. Ballaro A, Mundy AR, Fry CH, Craggs MD. Electromyographic detection of purinergic activity in guinea-pig detrusor smooth muscle (original article). *J Urol* 169, 377-381, 2003.
12. Baumert H, Ballaro A, Dugardin F, Kaisary AV. Laproscopic vs open simple prostatectomy: A comparative study. (original article). *J Urol.* 2006; 175:1691-4.
13. Baumert H, Ballaro A, Arroyo C, Kaisary AV, Mulders PF, Knipscheer BC. The use of polymer (Hem-o-lok) clips for management of the renal hilum during laparoscopic nephrectomy (original article) *Eur. Urol.* 2006; 45: 816-9.
14. Ballaro A, Baumert H. Re: The use of The use of polymer (Hem-o-lok) clips for management of the renal hilum during laparoscopic nephrectomy. *Eur. Urol.* 2006; 51: 572-3.
15. Baumert H, Ballaro A, Shah N, Mansouri D, Zafar N, Molinie V, Neal D. Reducing Warm Ischaemia Time During Laparoscopic Partial Nephrectomy: A Prospective Comparison of Two Renal Closure Techniques. (original article). *Eur. Urol.* 2007; 52: 1164-9.
16. Adshead J, Hanbury D, McNicholas T, Boustead G, Boomers O, Ballaro A. A novel technique for open-access laparoscopic port insertion using the Killian nasal speculum- the Lister technique. (original article). *J Endourol.* 2008; 22; 317-20.
17. Ballaro A. The elusive electromyogram in the overactive bladder: A spark of understanding. *Ann R Coll Surg.* 2008 Jul;90:362-7.

## NATIONAL AND INTERNATIONAL PRESENTATIONS AS PRESENTER.

1. Ballaro A, Cortina-Borja M, Collin J. Seasonal variation in the incidence of ruptured abdominal aortic aneurysms.

Midlands Vascular Society, Burton-on-Trent. March 1997.

2. Ballaro A, Cortina-Borja M, Collin J. Seasonal variation in the incidence of ruptured abdominal aortic aneurysms.

Nuffield Dept. Surgery, Oxford, July 1997.

3. Ballaro A, Mundy AR, Fry CH, Craggs MD. Characterisation of the detrusor compound action potential in isolated guinea-pig bladder. The Physiological Society. Kings College London. December 2000.

4. Ballaro A, Cahill D, Cohen J, Emberton M. How are men with LUTS managed in the community. BAUS 2000.

5. Ballaro A, Mundy AR, Fry CH, Craggs MD. The origins of the extracellular electrical signal recorded from guinea-pig detrusor smooth muscle strips in response to nerve-mediated stimulation. The Physiological society, University of York. December 2001.

6. Ballaro A, Mundy AR, Fry CH, Craggs MD. A new technique for recording simultaneous mechanical and extracellular electrical activity from the whole intact guinea-pig bladder. Urological Research Society, Jan 2001.

7. Knight SL, Susser J, Oliver SO, Ballaro A, Duniglson N, Craggs MD, Mundy AR. Preliminary results of a new artificial urinary sphincter with conditional occlusion for genuine stress incontinence. Urological Research Society, Jan 2001.

8. Ballaro A, Mundy AR, Fry CH, Craggs MD. Validation of suction electrode recordings for the electromyographic detection of purinergic contractile mechanisms in a guinea-pig bladder model. Urological Research Society, January 2002.

9. Ballaro A, Mundy AR, Fry CH, Craggs MD. Electromyography of detrusor smooth muscle in a guinea-pig bladder preparation. E.A.U. Birmingham, February 2002.

10. Ballaro A, Mundy AR, Fry CH, Craggs MD. Characterisation of the electromyographic signal recorded from guinea-pig detrusor smooth muscle using suction electrodes. E.A.U. Birmingham, February 2002. (Best in section prize.)

11. Ballaro A, Mundy AR, Fry CH, Craggs MD. Correlation of nerve-evoked extracellular electrical activity with tension generation in guinea-pig detrusor smooth muscle strips. BAUS 2002.

12. Ballaro A, Mundy AR, Fry CH, Craggs MD. Transmucosal detrusor electromyography in a whole guinea-pig bladder preparation. International continence society. 2002.

13. Ballaro A, Ikeda Y, Mundy AR, Shah PJS, Fry CH, Craggs MD. Electromyographic detection of purinergic signalling in overactive human bladder. BAUS 2003.

#### AS CO-AUTHOR

14. Baumert H, Ballaro A, Kaisary A, Muldes P.F.A., Knipscheer B.C. Ligation of the renal pedicle with Hem-o-Lok clips during Laparoscopic nephrectomy. World Congress of Endourology, Amsterdam, 2005.

15. Ballaro A, Rebai N, Nimish S, Massoud W, Peyrat L, Saheb N, Dumonceau O, Baumert H. A novel technique that halves the warm ischaemia time during laparoscopic partial nephrectomy: Preliminary results of a prospective comparative study. EAU, Berlin 2007.

16. Baumert H, Ballaro A, Kaisary A, Muldes P.F.A., Knipscheer B.C. Ligation of the renal pedicle with Hem-o-Lok clips during Laparoscopic nephrectomy. World Congress of Endourology, Amsterdam, 2005.

17. Baumert H, Ballaro A, Kaisary A. Laparoscopic management of ureteric injury during laparoscopic procedures. World Congress of Endourology, Amsterdam, 2005.

18. Baumert H, Ballaro A, Kaisary A. Important steps during nerve-sparing laparoscopic radical prostatectomy. World Congress of Endourology, Amsterdam, 2005.

19. Baumert H, Ballaro A, Kaisary A. Laparoscopic post chemotherapy retroperitoneal lymph node dissection for residual mass: Results from 23 patients. World Congress of Endourology, Amsterdam, 2005.

20. Baumert H, Ballaro A, Kaisary A. Laparoscopic radical cysto-prostatectomy and neo-bladder: The step-by-step technique. World Congress of Endourology, Amsterdam, 2005.

21. Baumert H, Ballaro A, Kaisary A. Laparoscopic retroperitoneal ganglionic recurrence after an open radical cystectomy and neo-bladder. World Congress of Endourology, Amsterdam, 2005.
22. Baumert H, Ballaro A, Kaisary A. Laparoscopic retroperitoneal lymph node dissection for residual mass and the management of bleeding during such procedures. World Congress of Endourology, Amsterdam, 2005.
23. Ballaro A, Baumert H, Shah N, Neal D. Reducing warm ischaemia time during laparoscopic partial nephrectomy: A prospective comparison of two renal closure techniques. World Congress of Endourology, Cleveland USA. August 2006.
24. Ballaro A, Saheb N, Alame W, Dumonceau O, Baumert H. Post chemotherapy retroperitoneal lymph node dissection (RPLND): The extra peritoneal approach. World Congress of Endourology, Cleveland USA. August 2006.
25. Ballaro A, Shah N, Dumonceau O, Saheb N, Alame W, Baumert H. Technique allowing reduction of the warm ischaemia time during laparoscopic partial nephrectomy: The video. World Congress of Endourology, Cleveland USA. August 2006.
26. Ballaro A, Saheb N, Alame W, Dumonceau O, Baumert H. Laparoscopic neobladder formation after radical cystectomy. World Congress of Endourology, Cleveland USA. August 2006.
27. Ballaro A, Saheb N, Alame W, Dumonceau O, Baumert H. Laparoscopic radical nephrectomy with lymph node dissection for locally advanced kidney cancer. World Congress of Endourology, Cleveland USA. August 2006.

#### INVITED LECTURE

The elusive electromyogram in the overactive bladder: A spark of understanding.  
Royal College of Surgeons of England Hunterian Lecture. BAUS, Harrogate  
2004.

## PUBLISHED ABSTRACTS

1. Ballaro A, Cahill D, Cohen J, Emberton M. How are men with LUTS managed in the community. *BJUInt*, July 2000.
2. Ballaro A, Mundy AR, Fry CH, Craggs MD. Characterisation of the detrusor compound action potential in isolated guinea-pig bladder. *J Physiol*. 531P, 198P, 2001.
3. Ballaro A, Mundy AR, Fry CH, Craggs MD. The origins of the extracellular electrical signal recorded from guinea-pig detrusor smooth muscle strips in response to nerve-mediated stimulation. *J Physiol* 539P, 84P, 2002.
4. Ballaro A, Mundy AR, Fry CH, Craggs MD. Electromyography of detrusor smooth muscle in a guinea-pig bladder preparation. *Eur. Urol.* 1, (1) 83P, 2002.
5. Ballaro A, Mundy AR, Fry CH, Craggs MD. Characterisation of the electromyographic signal recorded from guinea-pig detrusor smooth muscle using suction electrodes. *Eur. Urol.* 1, (1) 85P, 2002.
6. Ballaro A, Mundy AR, Fry CH, Craggs MD. Correlation of nerve-evoked extracellular electrical activity with tension generation in guinea-pig detrusor smooth muscle strips. *BJU Int.* 90 (suppl. 1) P4, 2002.
7. Ballaro A, Mundy AR, Fry CH, Craggs MD. Transmucosal detrusor electromyography in a whole guinea-pig bladder preparation. *Proc. of the International continence society* 2002.
8. Ballaro A, Ikeda Y, Shah PJS, Mundy AR, Fry CH, Craggs MD. Electromyographic detection of pathological purinergic signalling in isolated human bladder. *Eur. Urol.* 2, 360P, 2003.
9. Ballaro A, Ikeda Y, Mundy AR, Shah PJS, Fry CH, Craggs MD. Electromyographic detection of purinergic signalling in overactive human bladder. *BJU Int.* 91, (Suppl 2): P095, 2003.
10. Baumert H, Ballaro A, Kaisary A, Muldes P.F.A., Knipscheer B.C. Ligation of the renal pedicle with Hem-o-Lok clips during Laparoscopic nephrectomy. *J Endourol.* 19, Suppl 1: MO 32-07, A161, 2005.

11. Baumert H, Ballaro A, Kaisary A. Laparoscopic management of ureteric injury during laparoscopic procedures. *J Endourol.* 19, Suppl 1: MO 12-19, A57, 2005.
12. Baumert H, Ballaro A, Kaisary A. Important steps during nerve-sparing laparoscopic radical prostatectomy. *J Endourol.* 19, Suppl 1: V 02-03, A161, 2005.
13. Baumert H, Ballaro A, Kaisary A. Laparoscopic post chemotherapy retroperitoneal lymph node dissection for residual mass: Results from 23 patients. *J Endourol.* 19, Suppl 1: MO 12-19, A57, 2005.
14. Baumert H, Ballaro A, Kaisary A. Laparoscopic radical cysto-prostatectomy and neobladder: The step-by-step technique. *J Endourol.* 19, Suppl 1: V 17-15, A262, 2005.
15. Baumert H, Ballaro A, Kaisary A. Laparoscopic retroperitoneal lymph node dissection for a retroperitoneal ganglionic recurrence after an open radical cystectomy and neobladder. *J Endourol.* 19, Suppl 1: V 17-13, A262, 2005.
16. Baumert H, Ballaro A, Kaisary A. Laparoscopic retroperitoneal lymph node dissection for residual mass and the management of bleeding during such procedures. *J Endourol.* 19, Suppl 1: V 17-12, A262, 2005.
17. Ballaro A, Rebai N, Shah N, Massoud W, Peyrat L, Saheb N, Dumonceau O, Baumert H. A novel technique that halves the warm ischemia time during laparoscopic partial nephrectomy: Preliminary results of a prospective comparative study. *Eur. Urol. Suppl.*, 6(2):267, 2007.
18. Ballaro A, Shah N, Saheb N, Alame W, Dumonceau O, Baumert H. A technique enabling reduction of the warm ischemia time during laparoscopic partial nephrectomy. *J Endourol.* 20: Suppl 1;A297, 2006.
19. Ballaro A, Saheb N, Alame W, Dumonceau O, Baumert H. Post chemo retro peritoneal lymph node dissection (RPLND): The extra peritoneal approach. *J Endourol.* 20: Suppl 1;A320, 2006.
20. Ballaro A, Shah N, Dumonceau O, Saheb N, Alame W, Baumert H. Technique allowing reduction of the warm ischemia time during laparoscopic partial nephrectomy: The video. *J Endourol.* 20: Suppl 1; A325, 2006.
21. Ballaro A, Saheb N, Alame W, Dumonceau O, Baumert H. Laparoscopic neobladder formation after radical cystectomy. *J Endourol.* 20: Suppl 1; A345, 2006.

22. Ballaro A, Saheb N, Alame W, Dumonceau O, Baumert H.

Laparoscopic radical nephrectomy with lymph node dissection for locally advanced kidney cancer. *J Endourol.* 20: Suppl 1;20:A352, 2006.

23. Tasleem A, Tanabalan C, Vincent D, BallaroA. Minimising length of hospital stay after PCNL. *J Clin Urol.* 12(IS) 9-89, 2019.