

# Dr Cristina Russo CV

## PRINCIPAL PROFESSIONAL SPECIALISM

### Consultant in Acute Medicine and Stroke

MD MRCP (Lond) PhD PgD Stroke

## QUALIFICATIONS & ACCREDITATIONS

- Postgraduate Diploma in Stroke, Buckingham University, 2024
- Ph.D. in Gerontology, University of Catania, 2011
- Magna Cum Laude CCT (Specialization in Endocrinology and Diabetes), University of Catania, 2006
- Bachelor of Medicine, University of Catania, 2001

## EXPERT WITNESS TRAINING

- In progress: Bond Solon expert witness training Cardiff University (CUBS) in progress. Due to finish July 2025
- Bond Solon Expert Witness Conference, 2024
- Expert Witness Course: How to Give Evidence and How to Write Reports, 2023

## PAST & PRESENT POSITIONS

- **Deputy Head of Safety**, Ashford and St Peter's NHS Foundation Trust, 2022 – Present
- **Transformation Lead for Technology** Implementation in Medicine, 2020 – 2022
- **Clinical Lead, Acute Medicine**, Ashford and St Peter's Hospital, 2019 – 2022
- **Acute Medicine and Stroke Consultant**, Ashford and St Peter's Hospital, 2017 – Present
- **Observership in ICU**, Imperial College London, 2017
- **Consultant in General and High Dependency Unit Medicine**, Garibaldi Hospital – Catania, 2012 – 2017
- **Consultant in Endocrinology and Diabetology**, Policlinico Universitario, 2010 – 2012
- **Medical Doctor in General Medicine** (Psychiatric Setting), Private Psychiatric Hospital – Catania, 2011 – 2012
- **Medical Doctor in General Medicine**, Private Hospital – Catania, 2011 – 2012
- **Research Fellow (PhD) in Geriatric Medicine and Diabetology**, Cannizzaro Hospital – Catania, 2008 – 2011
- **Specialty Doctor in Endocrinology and Diabetology**, Garibaldi Hospital – Catania, 2003 – 2008

## MEMBERSHIPS & REGISTRATIONS

- General Medical Council (GMC) – Full registration (Ref. No: 6146008)

## PROFILE

Dr Cristina Russo is a highly experienced consultant with over two decades in clinical practice, specialising in Internal Medicine, Stroke, and Endocrinology. Her career spans acute, emergency, and inpatient care across both UK and international settings.

As a medico-legal expert, her reports are structured, evidence-based, and written in clear, impartial language. Drawing on her frontline clinical experience and governance leadership, she delivers well-reasoned, balanced opinions that consider both individual clinical decisions and wider systemic factors. Dr Russo is committed to supporting the legal process with professionalism and clarity.

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## CV

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### ACCOMPLISHMENTS

- AAAAI Travel grant winner in 2005 and 2015
- Main coordinator of a pilot study in cooperation with surgery department in 2013
- Young doctors and medicine student trainer at hospital in 2014-2015
- Main role in patients' enrollment for clinical trials and follow up visits from 2008 to 2016.
- PI in RECOVERY Trial
- Co PI in SELECT Trial
- PI in ASPIRING Clinical trial

### PUBLICATIONS: AUTHOR TO MORE THAN 110 PUBLICATIONS

- ORCID ID 0000-0003-2357-7147
- <https://pubmed.ncbi.nlm.nih.gov/?term=russo+c++RECOVERY>
- <https://pubmed.ncbi.nlm.nih.gov/?term=russo+c+polosa+r>
- <https://pubmed.ncbi.nlm.nih.gov/?term=russo+c+malaguarnera>