

Helen Jefferies

Professional Memberships and Registrations

- The Royal College of Midwives – Membership No. H1280795
- Nursing and Midwifery Council – PIN 99I7569E
- Expert Witness Register
- Member, [Expert Witness Institute]() – Membership No. 10004117
- Cardiff University Bond Solon (CUBS) Expert Witness Certificate

Expert Witness Profile

Independent Midwifery Expert Witness and senior practising midwife with over 20 years of clinical experience across high-risk maternity care, delivery suite leadership, triage, and obstetric emergencies. I provide independent opinion evidence in relation to antenatal, intrapartum, and postnatal midwifery care, drawing on substantial experience in acute NHS maternity settings.

My medico-legal work is supported by formal postgraduate study in medical ethics and law, together with recognised expert witness training including the Cardiff University Bond Solon (CUBS) Expert Witness Certificate, which is assessed in partnership with **[Cardiff University]()** and delivered by **[Bond Solon]()**. This certificate is widely described as a leading standard for expert witness training in England and Wales.

Since completing my expert witness accreditation in 2020, I have prepared approximately 100 expert witness reports, with an estimated 70/30 claimant-to-defendant split. My experience includes screening and reporting on liability and causation issues, participating in joint expert discussions, attending multidisciplinary conferences, giving oral evidence, and providing evidence at Nursing and Midwifery Council hearings. I accept instructions across the full scope of midwifery practice, including legally aided work.

Expert Witness Experience

- Independent Midwifery Expert Witness undertaking claimant and defendant instructions in relation to the standard of midwifery care.
- Preparation of court-compliant reports covering antenatal, intrapartum, postnatal, triage, fetal monitoring, and high-risk maternity care.
- Experience of joint expert discussions, conference calls with legal teams, and giving oral evidence.
- Knowledge of the duties of an expert witness, including independence, impartiality, and compliance with court requirements.
- Available for medico-legal instructions across the scope of midwifery practice, including legal aid cases.

Relevant Qualifications and Expert Witness Training

October 2020 – Cardiff University Bond Solon (CUBS) Expert Witness Certificate

Sept 2014 **Masters in Medical Ethics and Law, Keele University**
Dissertation topic: Maternal Foetal Conflict – the Umbilical Connection

June 2004 **Postgraduate Diploma @ Level 2: Family Planning & Reproductive Health, University of the West of England, Bristol**

Sept 2003 **BA Health and social care, Open University.**

June 2002 **Diploma of Higher Education in Midwifery, *University of the West of England, Bristol***

Continuing Professional Development in Expert Witness Practice

April 2024 – Bond Solon, *Joint Expert Discussions*

September 2023 – Bond Solon, *Masterclass in Report Writing*

November 2025 – Bond Solon Conference

Relevant Clinical Experience

2014–Present – Senior Midwife / Bank Midwife, *St George’s Hospital, London and Royal United Hospital Bath*

- Continuing employment on a bank contract across all aspects of midwifery care, with a primary focus on high dependency care, triage, and the management of high-risk pregnancy and labour.

Regularly supervises junior staff and contributes to the safe delivery of complex maternity care in acute hospital settings.

2014–2015 – Midwife and Practice Manager, *Genesis Perinatal Care Clinic, Dubai, UAE*

- Managed the clinic nursing team and supported the effective day-to-day running of the service.
- Provided midwifery care, parent education, breastfeeding support, and postnatal examinations.

2008–2014 – Midwife Sister, *St George’s Hospital, London*

- Led the organisation and management of a high-risk delivery suite caring for up to 20 women at a time, alongside a High Dependency Unit and multiple theatres.
- Held the out-of-hours bleep for the unit, taking responsibility for patient safety, staff allocation, and operational coordination at weekends and during unsocial hours.
- Managed teams of midwives, nurses, and maternity support staff, ensuring safe staffing levels and high standards of care across the Trust.

2002–2008 – Midwife / Community Midwife, *Bristol, Bath and London*

Worked across delivery suite, antenatal and postnatal wards, postoperative care, and antenatal clinics.

- Provided community midwifery care within caseload teams, including home births, antenatal clinics, and postnatal support.

Professional Attributes Relevant to Expert Witness Practice

I understand the importance of independence, objectivity, and clarity when acting as an expert witness. My approach is evidence-based, analytical, and grounded in current professional standards and extensive practical midwifery experience.

I am experienced in reviewing complex clinical records, identifying relevant factual and professional issues, and presenting balanced opinion evidence in a clear and court-ready format. I am committed to maintaining up-to-date knowledge through continuing professional development in both clinical practice and expert witness work.